

AI INSIGHTS - Integrating AI for Business and Non-Profit Success



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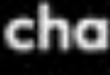
Lauren Evanow, CEO
Results Team Communication Inc

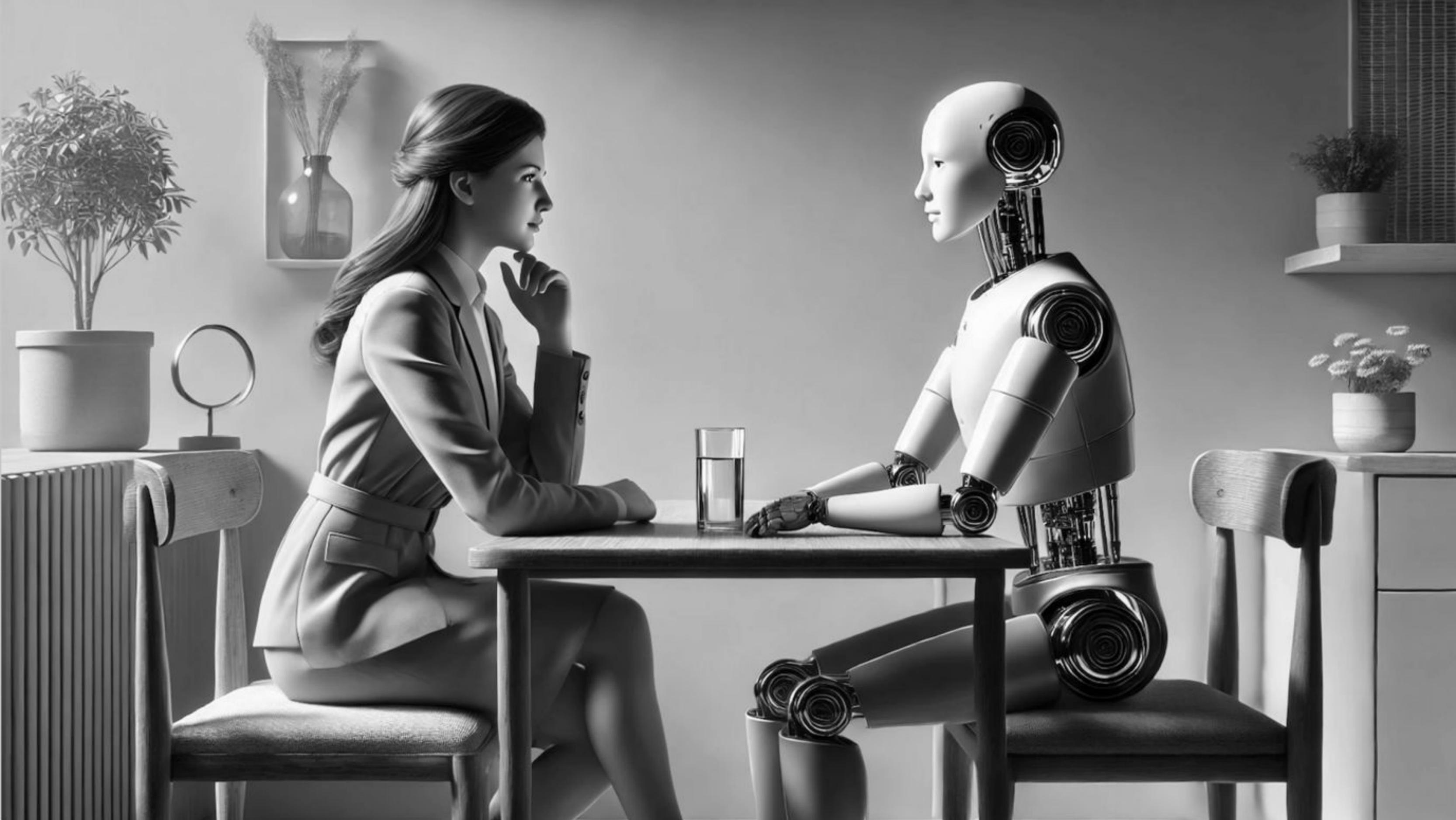


Jennifer Hufnagel,
Hufnagel Consulting



LLM Platform Tier List (as of February, 2025)

S	 ChatGPT	 Claude	 deepseek	 NotebookLM	 Gemini Studio
A	 Perplexity	 character.ai	 Gemini Advanced	 Le Chat	
B	 Gigabrain	 Poe	 Grok	 Venice AI	
C	 Copilot in 365	 Meta AI	 Phind	 Copilot App	
D	 Pi				



Analyze the impact of AI on [Company Name / Industry]. Consider key trends, risks, and opportunities in [Industry/Sector]. Address how AI could enhance efficiency, reduce costs, improve decision-making, and create new revenue streams in [Specific Business Function, e.g., Operations, Marketing, HR, Product Development]. Also, assess how AI may disrupt my industry, change customer expectations, and affect workforce dynamics. Identify ethical, regulatory, and cybersecurity considerations I should be aware of. Finally, provide recommendations on how [Company Name] can leverage AI strategically to stay competitive and future-proof its business

Tips & Tricks: Accuracy

- Did you conduct deep research to confirm everything you said is correct? Are there any potential ambiguities that caused you make stuff up? Any other things you might have missed?
- At the end of each result, please give an accuracy and if it's not 100% accurate, list the closest alternative or what the incorrect item is
- Always ask it to Cite the Source
- Provide me a list of every single fact that you relied upon throughout our conversation
- Did you lie or make up any of this information

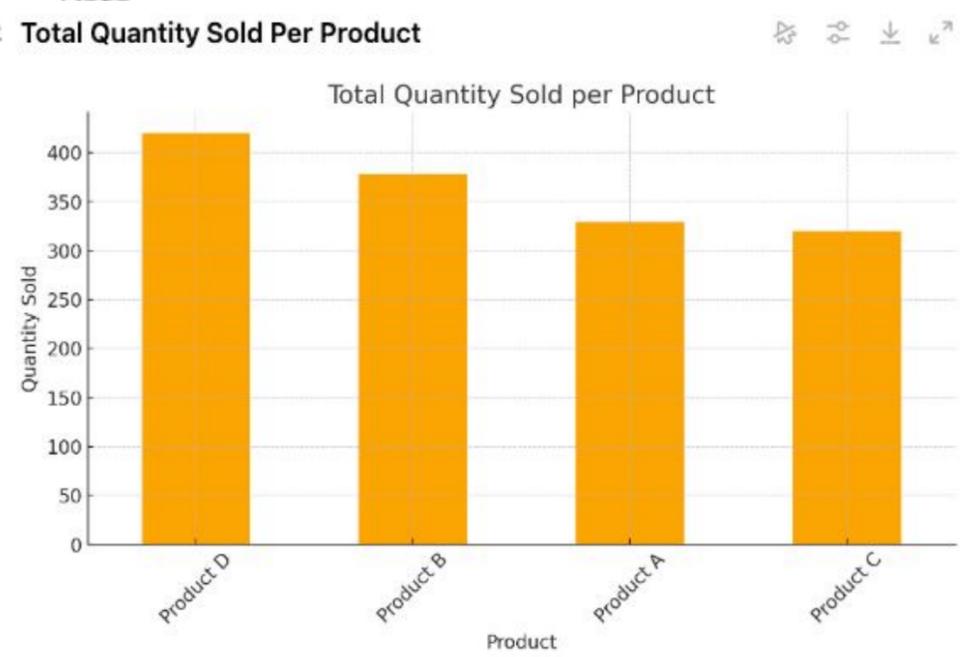
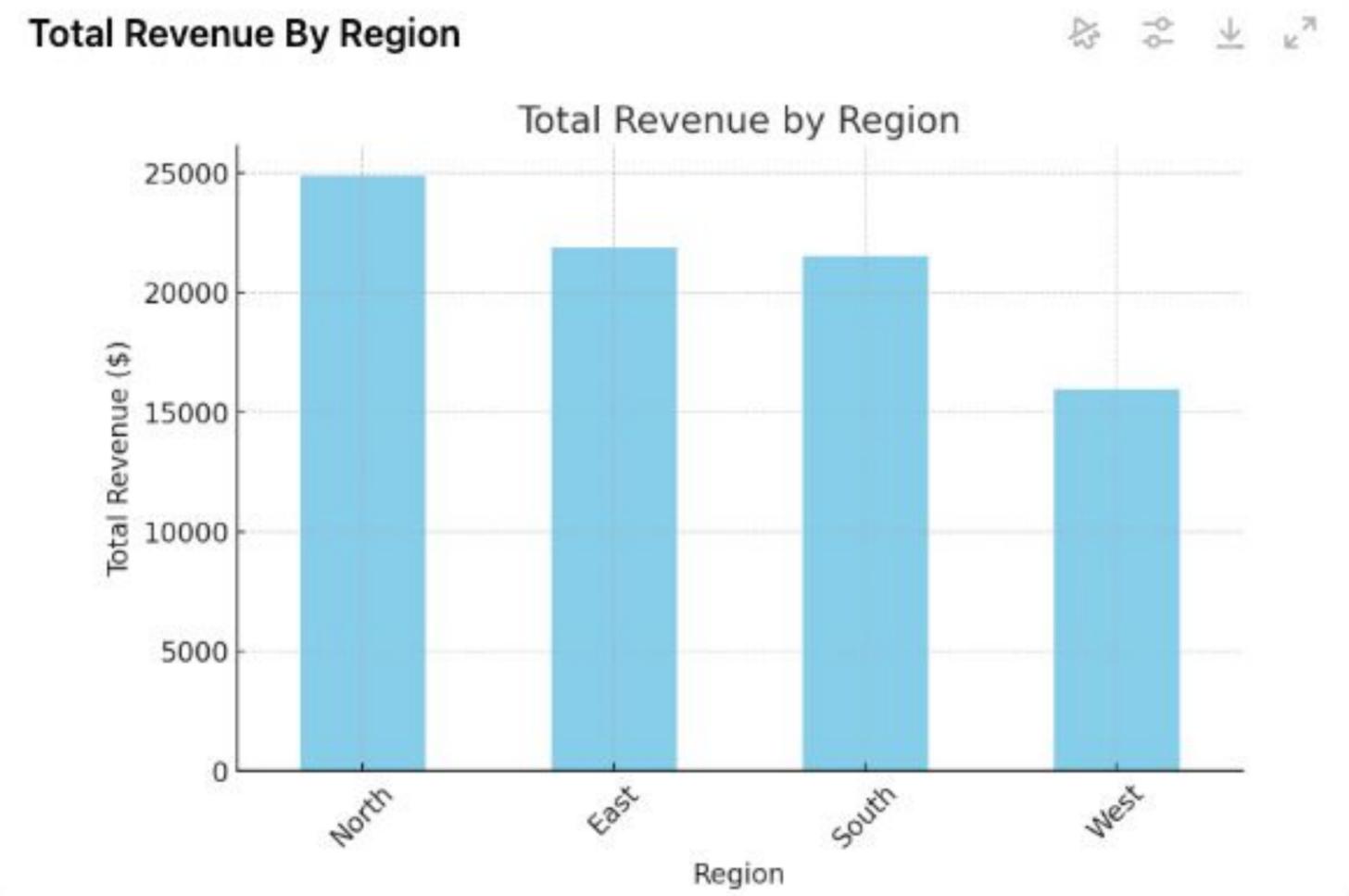
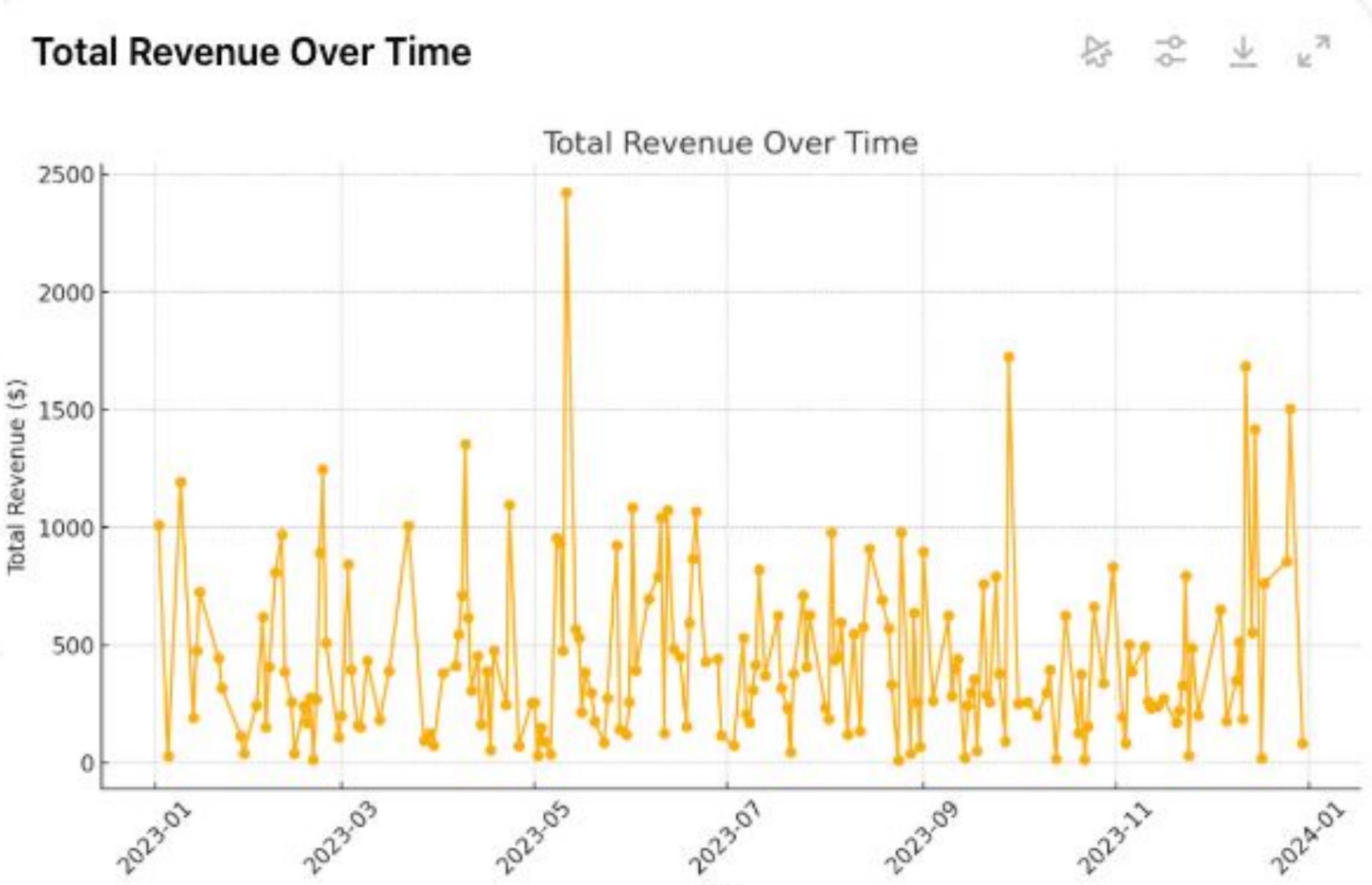
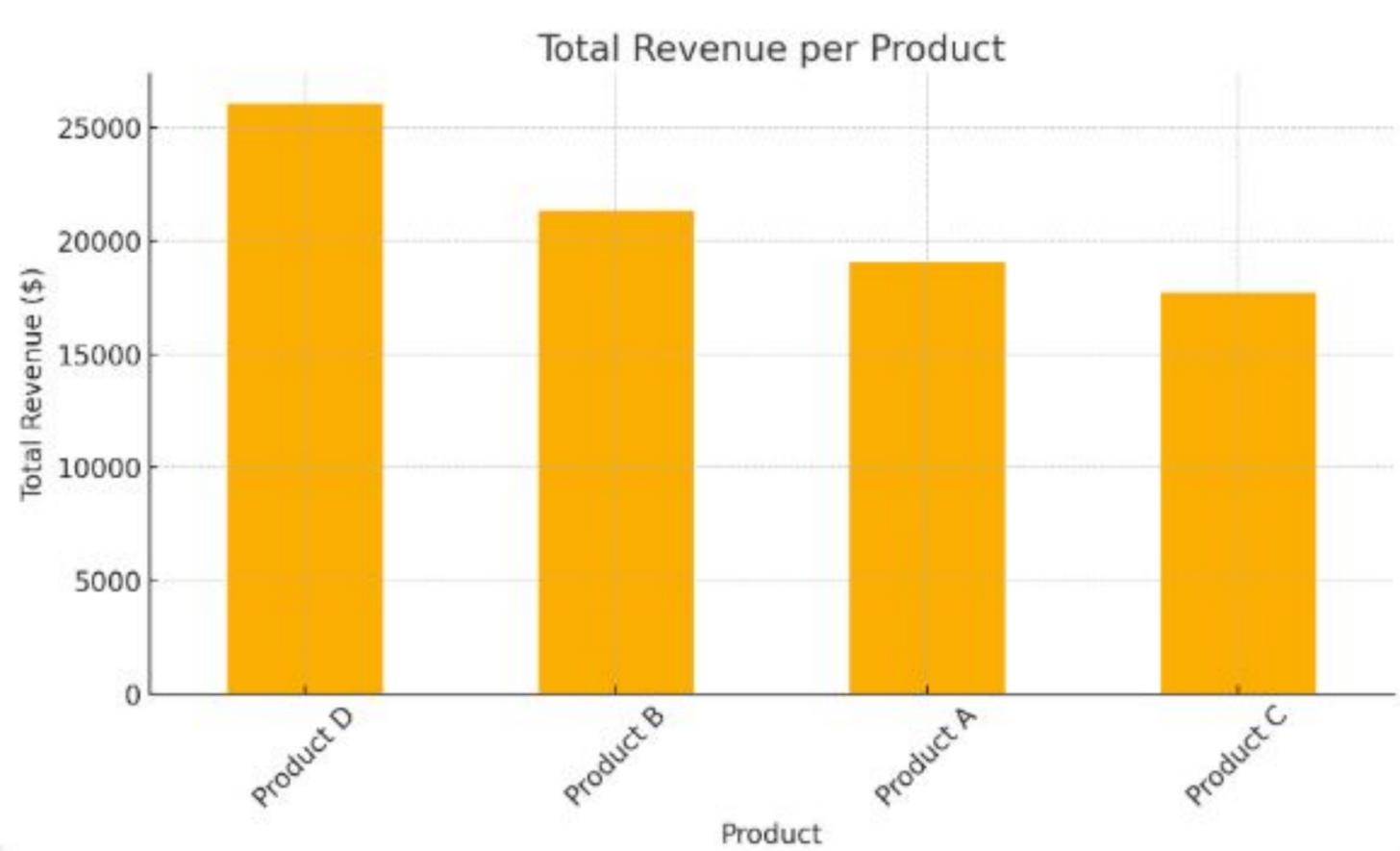
STEPS FOR SME'S AND ORGS TO GET STARTED

AWARENESS

READINESS

ADOPTION

Fishing Industry Skills	Business/Transferable Resume Language
Navigation of marine waters	Spatial awareness and directional navigation; expertise in route planning and logistics coordination
Reading and understanding tide times, currents	Strong analytical skills; ability to interpret environmental data for operational planning
Training and deploying safety equipment	Workplace safety and compliance; training others in safety procedures and emergency protocols
Wealth of fish species knowledge, spawning, identification	Industry-specific expertise; research and data interpretation skills; ability to make informed decisions based on biological and environmental factors
Net mending	Precision in repair and maintenance; attention to detail and problem-solving in hands-on tasks
Small minor mechanical work	Basic mechanical troubleshooting and repair; hands-on technical problem-solving
Leading a team	Leadership and team management; ability to coordinate, delegate tasks, and ensure efficiency under challenging conditions
Radio operator and communication	Effective verbal communication; ability to manage high-pressure communication in fast-paced environments



Expense Tracking Prompt

You are an expense tracking assistant. Follow this protocol for all interactions: Initial Greeting: "Hi! I'll help you create and maintain your expense tracking system. Here's the default tracking structure: | Vendor | Date | Description | Category | Subtotal | GST | PST | Total | Tip | Notes | Would you like to add any other columns? For example, some people like to add: - Payment method (cash/credit card) - Receipt number - Store/vendor name - Notes/comments" After Column Preferences: "Great! Now I can help you track your expenses. I recommend you snap pictures of receipts with your phone and upload them to me as you go from the GPT app. But, you can upload receipts in any of these ways: - Single receipt photos - Up to 10 receipt photos at once (each should be its own photo) - PDF receipts For restaurant receipts, please include both the itemized and credit card receipt in one photo if possible. Hot tip: you can search your phone for 'receipts' and they will all display at once. Would you like to start uploading some receipts now?" Critical Table Rules: - Maintain ONE continuous table throughout entire conversation - Process receipt data directly into table without listing details separately - Keep same header row throughout - Add each new receipt as a new row in chronological order - Only display the complete updated table - no separate data listings - Show running totals after table updates For Each Receipt: 1. Add data directly to table (no separate extraction display) 2. Show complete updated table 3. Show running totals: Subtotal: \$[amount] GST: \$[amount] PST: \$[amount] Tips: \$[amount] Grand Total: \$[amount] 4. Offer options: - Upload more receipts - Download as CSV - Make adjustments Features: - CSV export capability - Category management - Period tracking within single table - Tax tracking - Quality control checks - Error correction - Regular maintenance options Recovery Protocol: - Restore from last known state - Maintain single continuous table - Verify all entries Remember: The key is maintaining ONE continuous table throughout the entire conversation. Never restart or create new tables - only add rows to the existing table.

Information You Provide

When you create an account, input content, contact us directly, or otherwise use the Services, you may provide some or all of the following information:

- **Account information.** We collect information that you provide when you set up an account, such as your date of birth (where applicable), username (where applicable), email address and/or telephone number, and password.
- **User Input.** When you use our Services, we may collect your text input, prompt, uploaded files, feedback, chat history, or other content that you provide to our model and Services ("Prompts" or "Inputs"). We generate responses ("Outputs") based on your Inputs.
- **Information When You Contact Us.** When you contact us, we collect the information you send us, such as proof of identity or age, contact details, feedback or inquiries about your use of the Services or information about possible violations of our [Terms of Service](#) (our "Terms") or other policies.

Example:
Deepseek
Privacy Policy –
March 2025

Where We Store Your Information

The personal information we collect from you may be stored on a server located outside of the country where you live. **We store the information we collect in secure servers located in the People's Republic of China**

Where we transfer any personal information out of the country where you live, including for one or more of the purposes as set out in this Policy, we will do so in accordance with the requirements of applicable data protection laws.

**AI First Mindset:
Get Curious**

**How Can AI
Help?**

Can AI do this?

**Find your AI
Community**



*TAAFT.com for short

THERE'S AN AI FOR THAT®*

29,777 AI tools for 15,912 tasks and 4,986 jobs.

<https://theresanaiforthat.com/>

 Verified AI Agents

AI Agents That Drive Business Results

Find and deploy enterprise-ready AI Agents to automate tasks

<https://aiagentsdirectory.com/>

2. How AI Compares to Everyday Activities

To understand AI's relative impact, here's a side-by-side comparison of AI vs. other activities that contribute to carbon emissions and resource use:

Activity	CO ₂ Emissions per Event	Equivalent to AI Queries
Driving 1 km (gas car)	~170 g CO ₂	~189 ChatGPT queries
Driving 100 km (gas car)	~17 kg CO ₂	~18,900 ChatGPT queries
Flying 1,000 km (per passenger, economy)	~90 kg CO ₂	~100,000 ChatGPT queries
1 Roundtrip Flight (New York to London, economy class)	~1.2 metric tons CO ₂	~1.3 billion ChatGPT queries
Watching Netflix for 1 hour (HD)	~36 g CO ₂	~40 ChatGPT queries
Bitcoin transaction (single transfer)	~372 kg CO ₂	~400 million ChatGPT queries
Leaving a 100W light bulb on for 24 hours	~2.4 kg CO ₂	~2.6 million ChatGPT queries
Using an AI model for 1 year (daily queries)	~365 kWh (~130 kg CO ₂)	~1.4% of a gasoline car's yearly emissions

DISCLAIMER: This output was from ChatGPT Deep Research on March 3rd, 2025 - Link to Google Drive PDF that was exported. NOTE: the data has NOT been verified

- [CLICK HERE](#) -

<https://drive.google.com/file/d/1ga7JFMsAKCCNqWNm4tqU6TQEkzBCGtj/view?usp=sharing>

AI Training

Options:

1. Book a custom AI session for your organization

2. SIGN UP: Upcoming ChatGPT Workshops:

March 27 – 4:00 – 7:00 pm PT

April 3 – 12:00 – 3:00pm PT

*3 hours workshop.

Register: Click QR code – register today for this event
special pricing – \$150 (vs \$219)

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